

# How We Create Impact

This is Holdsworth's 'Theory of Change' which shows how we respond to issues in our community and create positive impact.

## OPPORTUNITY

Within our community, there are groups of people who face barriers accessing the support they need to remain living independently at home and/or remain active participants in the community.

## WHO WE SUPPORT

Across community in South-East and Central Sydney:

At Holdsworth Street:

### Older People

Those who need support to stay living at home and/or build relationships in the community.

### People living with a disability

Those who need assistance building skills, social and support networks.

### Families with children under school age

Those looking for support and/or to build relationships in the community.

## WHAT WE DO

### Help to find available services

Helping people navigate the funding and service system

### Essential services for individuals

Essential supports to meet daily needs

### Services connecting individuals with their community

Support to engage community members with the broader community

### Social Groups

Targeted social groups to support social connection

### People can:

- Better understand the funding system and what supports are available to them and their families
- Access funded supports
- Achieve their goals

### People can:

- Access essential services that maintain or improve their physical and mental wellbeing
- Achieve more independence
- Feel less alone
- Stay living at home for longer

### People can:

- Be more connected to their local community
- Build and grow relationships with others
- Feel valued

### People can:

- Build and maintain skills (cognitive, social or physical)
- Build lasting friendships
- Have an improved quality of life

## OUR IMPACT

Community members can exercise their choice to live and participate in their community, increasing their independence and the quality of their lives.